

Supplement Facts

Serving Size 3 Gummies

Servings Per Container 12

Amount Per Serving	% Daily Value	
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Calories	50	
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Total Carbohydrate	12 g	4%†
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Total Sugars	8 g	*
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Includes 8 g Added Sugars		16%†
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Vitamin C (as ascorbic acid)	250 mg	278%
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Vitamin B ₆ (as pyridoxine hydrochloride)	1.5 mg	88%
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Vitamin B ₁₂ (as cyanocobalamin)	4 mcg	167%
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Biotin	36 mcg	120%
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Zinc (as zinc sulfate)	1.5 mg	14%
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Manganese (as manganese gluconate)	0.38 mg	17%
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Sodium	35 mg	2%
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Organic KSM-66® Ashwagandha (<i>Withania somnifera</i>) Root Extract	250 mg	*
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†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.